

NUTRITION AND TRANSPORTATION BIDDERS CONFERENCE

SOUTHWEST IDAHO AREA AGENCY ON AGING/

AREA 3 SENIOR SERVICES

02/24/2023, 02/28,2023, 03/01/2023



OUTLINE

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The six Area Agencies on Aging (AAAs) receive funding from the Idaho Commission on Aging (ICOA).

These AAAs plan, coordinate, and implement Older Americans Act (OAA) and Idaho's Senior Services Act (SSA) programs.

OUR MISSION

To promote independence, choice, well-being, and dignity for older individuals, vulnerable adults, and their loved ones through education, advocacy and a coordinated system of home and community-based services.

TARGET SERVICE POPULATION

- Greatest economic and social needs
- Low-income older individuals and minority
- Older individuals residing in rural areas
- Individuals at risk for institutional placement

SERVICE DELIVERY IN TEN COUNTY AREA

DIRECT DELIVERY

- Information & Assistance
- Adult Protective Services
- Ombudsman
- Friendly Calling
- Outreach
- Medicare Improvements for Patients and Provider Act
- Veterans Directed Home and Community Based Services
- Lifespan Respite Program

CONTRACTOR DELIVERY

- Nutrition services
- Homemaker
- National Family Caregiver
- Transportation Services
- Legal Assistance
- Health Promotions and Disease Prevention
- Consumer Options Program
- ADRC

NUTRITION: HOME DELIVERED MEALS ELIGIBILITY

Eligibility:

- Age 60 or older
- Adult under 60 whose spouse is 60 or older
- Homebound and Frail
- Disabled person living with person 60 years old or older

Service:

- Provides one home delivered meal per day

NUTRITION: CONGREGATE MEALS ELIGIBILITY

Eligibility:

- Age 60 or older
- Adult under 60 whose spouse is 60 or older
- Person with a disability under 60 living in the home of a caregiver who is 60 or older **(must attend together)**
- Person under 60 providing volunteer services during the meal hours

Service:

- Meals served in a congregate setting
- Nutrition Education

NUTRITION SERVICE DELIVERY

Consumer Authorization:

- Congregate: 30-31 meals per month
- *\$4.25 per meal (\$4.00 previously)*

- Home Delivered: 30-31 meals per month
**** (based on available funding)*
- *\$4.75 per meal (\$4.50 previously)*

COMPETITIVE BID PRICING

	Home Delivered Meals	Congregate
SFY 21-22 Cash Reported	\$0.93	\$3.42
NSIP	\$0.91	\$0.91
Total Additional Funds	\$1.84	\$4.33
Current AAA Reimbursement	\$4.50	\$4.00
Total Funding	\$6.34	\$8.33
Market Value	\$5.93	\$9.00

COMPETITIVE BID PRICING

	HDM	Congregate	Transportation
AAAI	\$4.50	\$4.20	\$3.41
AAAI	\$3.56	\$3.15	\$7.00
AAAI	\$4.50	\$4.00	\$4.00
AAAI	\$3.90	\$3.50	\$5.00
AAAI	\$3.75	\$3.25	\$6.00
AAAI	\$3.25	\$2.80	\$3.00
Average AAA Reimburse- ment	\$3.91	\$3.48	\$4.74
Current AAA Price	\$4.50	\$4.00	\$4.00
Proposed Price	\$4.75	\$4.25	\$4.75

FOCAL POINT

- Federal Regulation
- Older Americans Act defines focal point as a “facility” established to encourage the maximum collocation and coordination of services for older individuals, special consideration shall be given to developing and/or designating multi- purpose senior centers as community focal points on aging

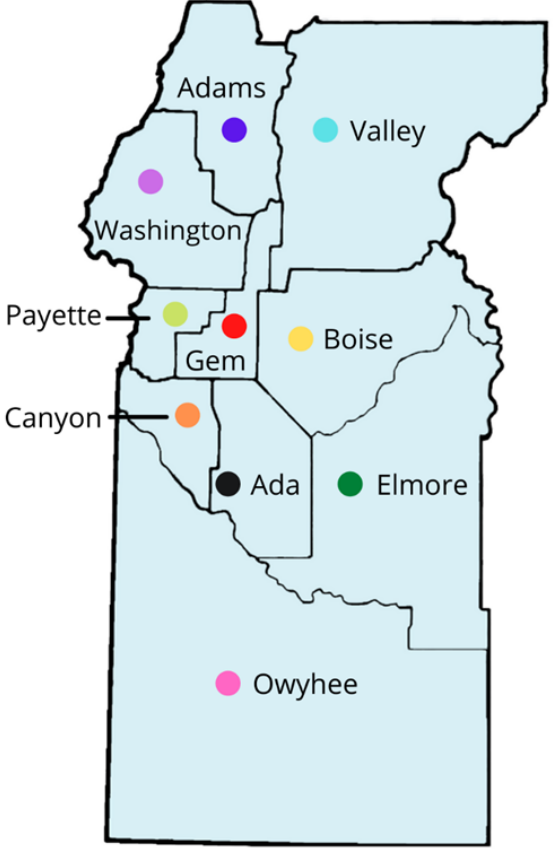


FOCAL POINT (cont'd)

- Senior centers serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.
- More than 60% of senior centers across the U.S. are designated focal points for delivery of OAA services—allowing older adults to access multiple services in one place.

COMMUNITY FOCAL POINT MAP

Southwest Area Agency on Aging



- Community Focal Points**
- SWIA3
 - Council Senior Center
 - Boise Basin Senior Center
 - Nampa Senior Center
 - Metro Community Services
 - Mountain Home Senior Center
 - Gem County Senior Center
 - Homedale Senior Center
 - Payette Senior Center
 - McCall Senior Center
 - Weiser Activity Center for Seniors

AREA PLAN CONGREGATE, TRANSPORTATION AND HDM STRATEGIES

Improve the overall quality of **Congregate and HDM meals**.

Coordinate program sign up days during the **congregate meal**, market national months and hold Chronic Disease Self-Management Program (CDSMP) classes at community focal points

Promote senior centers to the public as an option for volunteering and promote SCSEP to the **congregate** providers

Promote **transportation** participation to seniors at risk for nursing home placement.

Develop and launch one new innovative **transportation** project.

Streamline **transportation** resources to improve consumer access by providing on demand scheduling and travel ambassadors

Increase **home delivered meal** participation among seniors at-risk for nursing home placement, including low-income minority individuals

CONSUMERS SERVED FY2022

Service	Consumers Served	Meals Served
Congregate	4,050	165,671
Home Delivered Meals	1579	244,326
Total (duplicated)	5,629	409,997

CONGREGATE MEAL PROGRAM IMPACT

Recent data from the 2021
National Survey of OAA
Participants illustrates that
Congregate Nutrition
Programs are effectively
targeting their services:

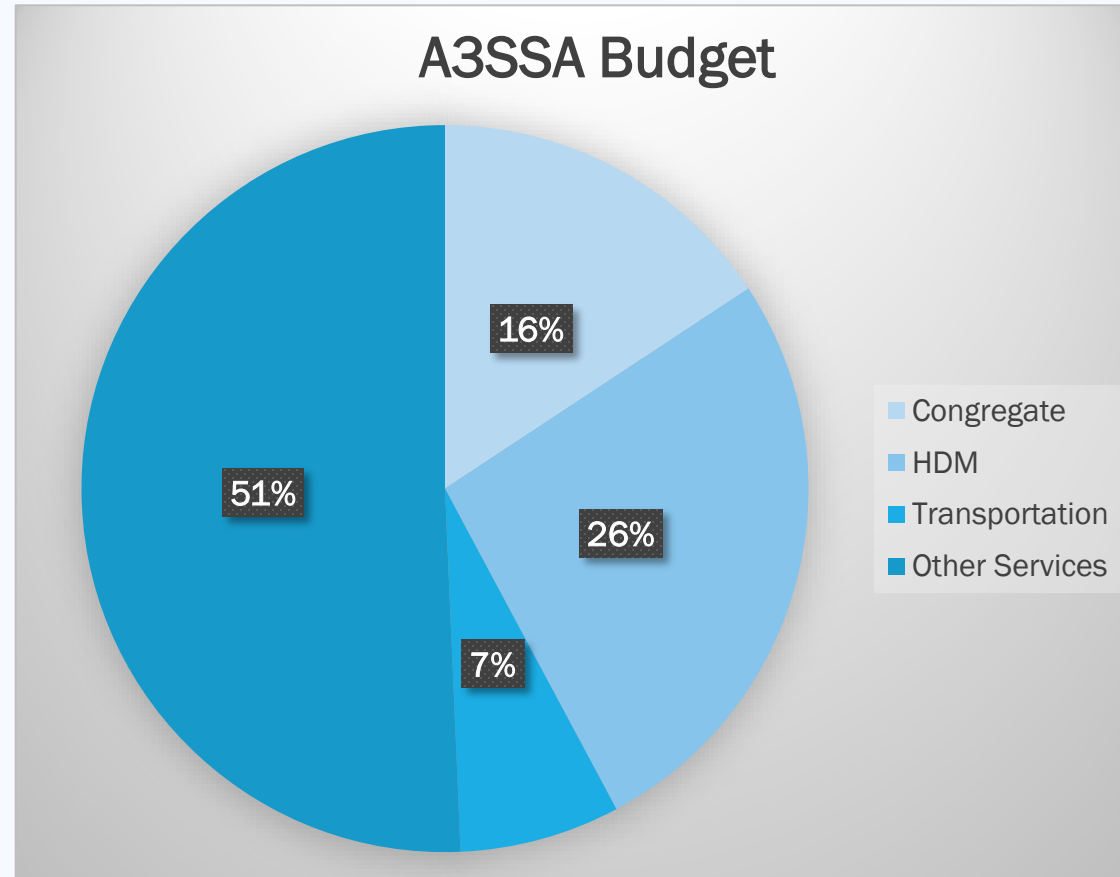
- More than 57% of participants are 75 years or older
- The average age of a participant is 76 years old
- 53% of participants indicated that one meal provides one-half or more of their total food for the day
- 70% of participants say they eat healthier
- 74% of participants believe their health has improved
- 80% of participants report that the program helps them continue to live independently

HOME DELIVERED MEAL PROGRAM IMPACT

Recent data from the 2021 National Survey of OAA Participants illustrates how the Home Delivered Nutrition Programs are effectively targeting services:

- This program provides a safety check, and sometimes the only opportunity for face-to-face contact or conversation that day.
- 57% of individuals served are 75 years or older
- More than 55% of participants indicate that a home-delivered meal provides one-half or more of their total food for the day
- 89% of participants say meals help them to stay in their own home
- More than 50% of all participants live alone

FUNDING



NSIP: NUTRITION SERVICES INCENTIVE PROGRAM

- Provides incentive to encourage efficient delivery of nutritious meals to older individuals.
- Amounts are based off of the number of meals served during the previous federal fiscal year.
- Such disbursements shall only be used by such recipients of grants or contracts to purchase domestically produced foods for their nutrition projects. OAA 311(d)(4)

TRANSPORTATION ELIGIBILITY

Eligibility:

- Age 60 or older

Service:

- Transport to and from congregate meal sites, programs that promote physical and mental well-being, shopping, health services, etc...



TRANSPORTATION SERVICE DELIVERY

AAA	Transportation
AAAI	\$ 3.41
AAAI	\$ 7.00
AAAI	\$ 4.00
AAAI	\$ 5.00
AAAI	\$ 6.00
AAAI	\$ 3.00
Average AAA Reimbursement	\$ 4.74
AAA Price	\$ 4.75

CONSUMERS SERVED

Fiscal Year	Boardings
2020	76,781
2021	57,748
2022	75,218

RFP INFORMATION REQUIREMENTS:

- Idaho Code 67-2806: When a political subdivision contemplates an expenditure ...in excess of one hundred thousand dollars (\$100,000), the procurement procedures of this subsection shall apply.
 - (a) Competitive sealed bid process submitting the lowest bid price complying with bidding procedures and meeting the specifications for the goods and/or services sought to be procured.
- ICOA Contract: The AAA shall ensure nutrition providers comply with all state and local fire, health, sanitation, safety, building, and zoning laws, ordinances, or codes on an annual basis.

RFP DOCUMENTS:

- RFP Guides for Nutrition and Transportation
- RFP Applications for Nutrition and Transportation
 - Exhibit A: Sample Nutrition and Transportation Contracts
 - Exhibit B: Provider Nutrition Question Form
 - Appendix 1: Invoice Template
 - Appendix 2: Federal and State Rules and Regulations
 - Appendix 3: ICOA Operations Manual

FILLING OUT THE RFP APPLICATION

- Basic Information and Provider Capability
- Assurances
- Required Activities and Application Narrative
- Partnership, Collaboration and Fund Leveraging
- Program Sustainability
- Budget(s)

SUBMISSION REQUIREMENT

- Single-sided pages.
- 8 1/2" x 11" white paper
- Sealed
- Secure the proposal in the upper left-hand corner with a clip.
- Submit one original proposal and 3 copies.
- Physically in the possession of the SWIA3 by 4/7/2023 at 5:00 p.m
- Emailed or faxed proposals will not be accepted.
- Proposals should be clearly labeled "PROPOSAL,"
- SWIA3 recommends hand delivery rather than mailing.
- Receipt of deposit for hand-delivery will be provided if requested.

RFP TIMELINE

- 3/13/23- Last Date to Submit Written Objections to Specifications or Bidding Procedures
- 3/02/23- Last Date to Submit Questions and Clarifications
- 04/07/23- Deadline to Submit Proposals
- 05/25/23- Awards Announced to winning bids
- 06/08/23- Contract Signing
- 06/23/23 Mandatory Provider's Conference

QUESTIONS?

THANK YOU

BRANDI WASELEWSKI, FISCAL AND CONTRACTS MANAGER

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