AREA 3 SENIOR SERVICES AGENCY

A3SSA Advisory Council
Date: 10/12/2018 Time: 10:00 AM-12:00 PM
Dial in Number: 208-789-0851 Conference ID: 3942203
701 S. Allen St. Ste 100
Meridian, Idaho 83642

Call to Order: 10:00 AM

Roll Call:

Present:

- Karin Hoffer (Chair)
- John O'Keefe
- Liz Mummey
- Kelly Aberasturi
- Lana McCollough (Absent)
- Debra Mueller (Secretary)- Present via phone
- Jim Sola Present via phone
- Kathy Skogsberg Present via phone
- Dolly Baughman (Vice Chair) (Excused)
- Grant Jones (Excused)

Absent:

- Carolyn Bollar
- Lana McCollough

Approval of Minutes: Karin Hoffer

> Motion to Approve Minutes-John O'Keefe; Kelly seconds; All Ayes-Minutes passed

AAA Budget Carryover and Budget Modification: Raul Enriquez

- Review of Carryover distribution
 - Raul presented the new funding distribution allocation. We were initially allocated \$3,522,892.00 to distribute among the programs, but there was a carryover from the previous year of \$817,324. We received an additional awarded in May of \$220,000 that wasn't added to the budget until now. This makes our SFY19 Budget \$4,340,216.00.
 - ICOA requires us, as a AAA, to put this before the Advisory Council, then on to the Board.

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- There are 7 pots of money, which includes Federal AAA Admin. State and Federa; Administration is capped at 10%. We are allowed to move carryover funds between Title IIIB, Congregate and Home Delivered Meals. The majority of carryover funds are in Title IIIE Caregiver. Raul recommended using these funds to implement a Relatives as Parents program.
- o Under the State Funds Administration is maxed at \$138,785.30.
- Raul presented the comparison numbers between the SFY2018 and SFY2019 and the differences in the current programs and programs that he will propose.
 - Raul is proposing to implement 3 programs and add 3 positions. (Programs: IIIB Case Management, IIIE Caregiver of Children, and IIIB Chore Services; Positions: Adult Protection, P/T; Ombudsman/Volunteer Coordinator, Special Projects Coordinator)
 - Other AAA's have Volunteer Ombudsman individuals. The average number of beds per staff person is 2,000; we are currently running at 2,200 beds per staff, and more facilities are being added.
 - Jim Sola asked if there were dollars available for training these individuals. Raul affirmed.
 - Health Promotion-Special Projects Coordinator to apply for grants, facilitate diabetes classes, etc.
 - Caregiver of Children-Relatives as Parents-Idaho's Response to the Opioid Crisis. Develop support groups outside of Ada County to provide Respite (childcare) and offering legal assistance.
 - Chore Service Program-
 - John sees a need for a transportation program for the elderly to help get these folks out into the communities, not just transportation to/from senior centers.
 - Transportation program will go through an RFP this fiscal year.
 - Motion to approve/acknowledge the Carryover/Distribution-John motions; Liz seconds; All Ayes-Passed

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Program Updates: Roberta Bischel

- Diabetes Self-Management Program
 - A3SSA currently has two DSMP Master Trainers who are able to teach classes and train new class Leaders. We also have on contracted provider, Valley Family Health Care that currently employs two trained leaders.
 - To date, Leaders have taught 9 classes with a 62% retention rate. Class venues have been at churches, senior centers and senior living communities. Interest in the classes has been very positive. Ideally we would like to have volunteers in the communities to teach more classes.
- MIPPA Grant (Medicare Improvement for Patients and Providers)
 - o The provider is Metro Community Services in Caldwell.
 - o Goals are to engage pharmacies, hospitals and other healthcare providers to reach out to low-income and Medicare folks, and to make the MIPPA information more accessible.
 - o Jim asked what the indicator is if the programs are working.
 - Using outcome as a measurement and the utilization of the program as evidence.
 Raul stated data is collected on number of new participants sign up for Low Income
 Subsidy programs statewide.
- Powerful Tools for Caregivers
 - o ICOA received a grant directed toward Alzheimer's disease and Related Dementia's.
 - The provider working with A3SSA is Jannus, Inc. in Boise. A grant goal was to provide caregiver classes outside of Ada County. To date, two classes are scheduled with plans for Weiser and McCall next year.

Closing comments:

Kelly stated that with the amount of carryover we have, making sure that the seniors in our communities are being taken care of first and foremost.

Future Meeting Dates:

- Quarter End Months
 - o December 14, 2018

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- o March 29, 2019
- o June 7, 2019
- > 11:06 am Motion to Adjourn Debra motions; John seconds; All Ayes

SFY 2018 and 2019 Comparison

FEDERAL AND STATE BUDGET TITLE III	SFY 2018		SFY 2019	Di	fference	Highlights
Adult Protection	\$ 383,472	\$	441,909	\$	58,437	Part Time Position
Ombudsman	\$ 159,146	\$	214,385	\$	55,239	Volunteer Ombudsman
AAA Federal Admin	\$ 184,500	\$	229,522	\$	45,022	
AAA State Admin	\$ 73,382	\$	138,785	\$	65,403	
Coordination/Program Development	\$ 20,166	\$	20,081	\$	(85)	
III B Case Management		\$	51,424	\$		New Program
Title IIIB: Information and Assistance	\$ 386,821	\$	335,939	_	(50,882)	
Title IIIB Outreach and Public Information	\$ 20,891	\$_	20,963	\$	72	
Title IIID: Health Promotion	\$ 39,618	\$_	78,045	\$	38,427	Special Projects Coordination
Title IIIE: Counseling, Support Groups and Training	\$ 19,415	\$	20,796	\$	1,381	
Tile IIIE: Public Information	\$ 6,869	\$	-	\$	(6,869)	
Title IIIE (Caregiver) Outreach and Information Services	\$ 75,078	\$	68,436_	\$	(6,642)	
Title IIIE Caregiver of Children (Relatives as Parents	\$ -	\$	67,736	\$		New Program
Congregate Meals	\$ 708,228	\$	760,948	\$	52,720	
Home Delivered Meals	\$ 791,999	\$	906,105		114,106.	
Total Home Delivered/Congregate Meals	\$ 2,869,585	\$	3,355,074	\$	485,489	
Homemaker*	\$ 205,108	\$	202,298	\$	(2,810)	
Respite* (Including Adult Day Care)	\$ 159,101	\$	480,746		321,645	
Transportation*	\$ 207,382	\$	260,735	\$	53,353	
Total Homemaker, Respite and Transportation	\$ 571,591	\$	943,779	\$	372,188	
IIIB Chore Services		\$	9,000	\$	9,000	New Program
FC Supplemental		\$	-	\$	-	
Legal Assistance	\$ 32,025	\$	32,367	\$	342	
TOTAL FEDERAL AND STATE BUDGET	\$ 3,473,201	\$_	4,340,220	\$	867,019	

SFY 19 Award Amount \$ 3,522,891.82

Carry Over Funds \$ 817,327.80