

## **Southwest Idaho Area Plan FAQ**

### **Who is the Area Agency on Aging?**

The Southwest Idaho Area Agency on Aging (SWIA3) is the designated area agency on aging that receives state and federal funding through the Idaho Commission on Aging to serve seniors over the age of 60 and their caregivers. SWIA3 covers the southwest portion of Idaho and includes the counties of Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, and Washington.

### **What do Area Agencies on Aging do?**

Area Agencies on Aging provide services for seniors with the mission to support them to live in their homes independently for as long as possible. Some services include, Information and Referral, Congregate, Home Delivered Meals, Transportation, Homemaker, Caregiver Support, Ombudsman and Adult Protective Services.

### **What is the Area Plan?**

Every 4 years an Area Agency on Aging is required to submit an Area Plan to implement strategies that will improve programs and services to seniors. This new Area Plan is due to the Idaho Commission on Aging on June 15, 2022. This plan will cover the following timeframe, October 15, 2022-September 30, 2026.

### **Where can I go to view and read the Area Plan?**

The Area Plan is available and can be viewed on our website at [www.a3ssa.com](http://www.a3ssa.com). The public comment period will be open from May 2, 2022 to May 20, 2022. Comments can be submitted to [psa@a3ssa.com](mailto:psa@a3ssa.com). Hard copies can also be requested if you call 1-208-898-7060.

### **What can I expect to find in the Area Plan?**

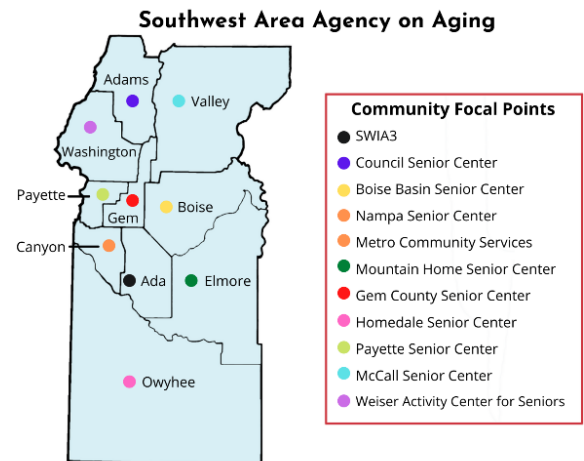
Readers can find the Area Plan divided up into the following 6 sections.

- Planning and Organization: Overview of the organization, summary of planning efforts, list of stakeholders that provided input, designation of community focal points.
- Environmental analysis: Trends in service utilization and demand, census projections, and a Strengths, Weaknesses, Opportunities and Threats (SWOT) analysis.
- Identified Opportunities: Planning and outreach activities, needs assessment results.
- Goals and Strategies: Mission and vision, program goals, strategies, and measurements. 40+ strategies to improve services.
- Plan Execution: Identified staff responsible for the plan execution.
- Continuous Quality: Data collection and integrity to measure strategy effectiveness. Strategies to monitor quality improvement.

### What are community focal points?

Community focal points are senior centers and other organizations located throughout the ten-county region that will be utilized to connect people to services. These community focal points will be a central hub for information within our planning and service area. Some activities that will be coordinated at focal points are as follows:

- SWIA3 information distribution
- Program sign up days
- Pain and Diabetes management workshops
- Media campaigns (e.g., Senior Nutrition Month, or National Family Caregiver Month)



### What are some of the strategies established in the Area Plan?

- Increase of service delivery to individuals at risk for assisted living and nursing home placement. This includes, people living in rural areas, living alone, low income, minorities and 75 and older.
- Expand consumer direction programs that will allow consumers to hire their own care with reimbursement.
- Emphasis in social activities to combat isolation.
- Development of a home modification program for caregivers.
- Development of case management services
- Establish grandparents raising grandchildren support groups.
- Strategies to collaborate with other organizations

### Where can we find out more information on programs and services?

- Phone Number: (Toll Free) 1-844-850-2833
- Address: 1505 South Eagle Road, Ste 120; Meridian, Idaho, 83642
- Email: [psa3@a3ssa.com](mailto:psa3@a3ssa.com)
- Website: [www.a3ssa.com](http://www.a3ssa.com)
- Social Media: Search for us on Facebook!! @southwestidahoaging