

THREE ISLAND SENIOR DINING SITE

March 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

23

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29

1	2 CHICKEN & RICE TACO SOUP TORTILLA CHIPS OATMEAL RAISIN COOKIE	3 BAKED ITALIAN MEATBALLS GARLIC PASTA GREEN BEANS	4	5 PORK CHOW MEIN FRIED RICE ORIENTAL VEGGIE	6	7
8	9 HAMBURGER TOMATO, LETTUCE PICKLES ONION TATER TOTS FRESH FRUIT	10 HAM LOAF TWICE BAKED POTATOES PEAS	11	12 TURKEY MASHED POTATOES & GRAVY WINTER MIX VEGGIE	13	14
15	16 4 CHEESE ZITA GREEN SALAD GARLIC BREAD	17 CORNEB BEEF & CABBAGE POTATOES PEAR JELLO	18	19 MEATLOAF POTATOES & GRAVY PEAS & CARROTS	20	21
22	23 SOUR CREAM BAKED FISH SPINACH FRIES	24 CHICKEN HAYSTACKS W/RICE MIXED VEGGIE PEACH CRISP	25	26 ORANGE HERB PORK ROAST RANCH POTATOES CORN APPLESAUCE	27	28
29	30 PULLED PORK SAND. MACARONI & CHEESE BROCCOLI	31 TAMALE PIE SPANISH RICE CARROTS	<p><i>Quene Yeger RDN</i> 2-25-2020</p>			