

Area 3 Senior Services Agency

Nutrition and Transportation Bidders Conference

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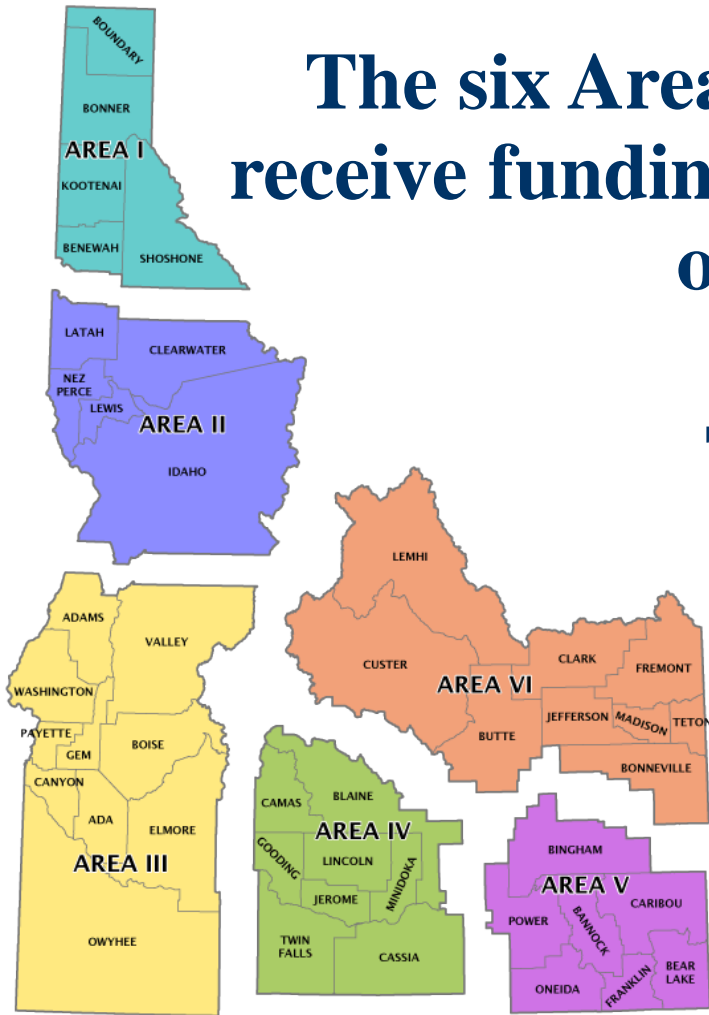


Area 3 Senior Services Agency



The six Area Agencies on Aging (AAAs) receive funding from the Idaho Commission on Aging (ICOA).

These AAAs plan, coordinate, and implement Older Americans Act (OAA) and Idaho's Senior Services Act (SSA) programs.



Our Mission

This agency provides solutions for seniors, people with disabilities and caregivers aimed at securing safe, healthy, community supported and independent living options through comprehensive information, assistance, advocacy, and planning efforts.

Target Service Population

- **Greatest economic and social needs**
- **Low-income older individuals and minorities**
- **Older individuals residing in rural areas**
- **Individuals at risk for institutional placement**

Service Delivery in Ten County Area

Direct Delivery

- Information & Assistance
- Adult Protection
- Ombudsman
- Case Management
- Outreach
- Medicare Improvements for Patients and Provider Act
- Veterans Directed Home and Community Based Services

Contractor Delivery

- Nutrition services
- Homemaker
- Chore
- National Family Caregiver
- Transportation services
- Legal Assistance
- Health Promotions and Disease Prevention

Nutrition: Home Delivered Meals

Eligibility:

- Age 60 or older
- Adult under 60 whose spouse is 60 or older
- Homebound and Frail
- Disabled person living with person 60 years old or older

Service:

- Provides one home delivered meal per day

Nutrition: Congregate Meals

Eligibility:

- Age 60 or older
- Adult under 60 whose spouse is 60 or older
- Person with disability under 60 living with caregiver over 60.

Service:

- Meals served in a congregate setting
- Nutrition Education

Nutrition Service Delivery

Consumer Authorization:

- Congregate: 30-31 meals per month
 - *\$4.00 per meal (\$3.50 Previously)*
- Home Delivered Meals: 30-31 meals per month
 - *\$4.50 per meal (\$4.25 Previously)*

Competitive Bid Pricing

	Home Delivered Meals	Congregate Meals
Cost per meal	\$5.67*	\$9.00**
Cash Donations	\$1.39	\$4.20
NSIP Funds	\$0.76	\$0.76
Total Additional Funds	\$2.15	\$4.96
Competitive Price	\$3.52	\$4.04
AAA Price	\$4.50	\$4.00
AAA Average	\$3.66	\$3.13
Difference (Focal Point Support)	\$0.84	\$0.87
Cost per meal	\$5.67*	\$9.00**

*Average cost based on Mom's Meals, Medicaid Meals, Schwanns
(ACL determines the cost at \$5.95)

**Based on ACL Survey which includes labor cost

Focal Point

- Federal Regulation
- Older Americans Act defines focal point as a “facility” established to encourage the maximum collocation and coordination of services for older individuals, special consideration shall be given to developing and/or designating multi- purpose senior centers as community focal points on aging.

Focal Point

- Senior centers serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent.
- More than 60% of senior centers across the U.S. are designated focal points for delivery of OAA services—allowing older adults to access multiple services in one place.

Consumers Served FY2018

Service	Consumers Served	Meals Served
Congregate	3,590	173,704
Home Delivered Meals	920	155,647
Total (duplicated)	4,510	329,351

Congregate Meal Program Impact

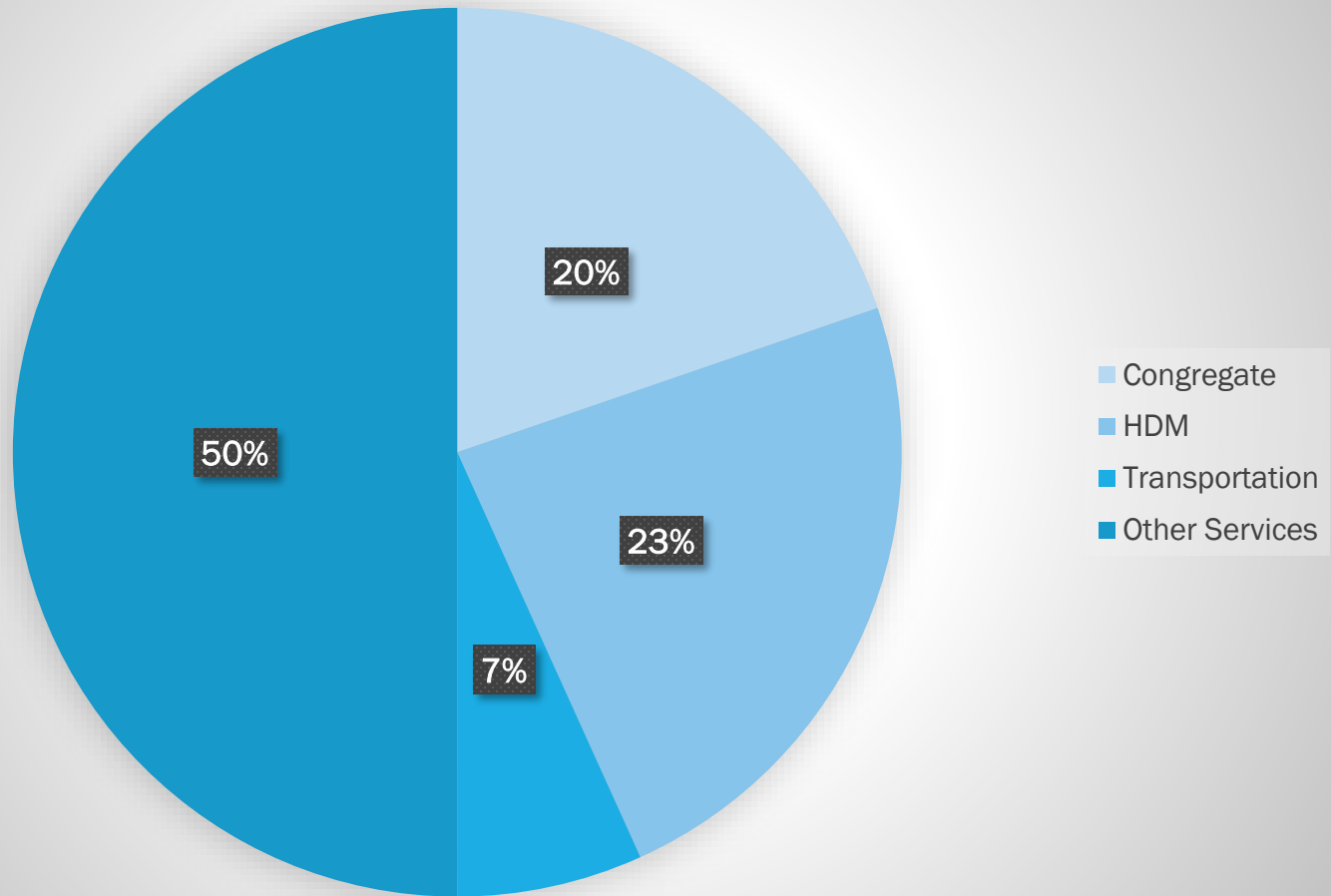
- Recent data from the [National Survey of OAA Participants](#) illustrates that Congregate Nutrition Programs are effectively targeting their services:
 - *More than 50% of participants are 75 years or older*
 - *The average age of a participant is 76 years old*
 - *58% of participants indicated that one meal provides one-half or more of their total food for the day*
 - *77% of participants say they eat healthier*
 - *76% of participants believe their health has improved*

Home Delivered Meal Program Impact

- This program provides a safety check, and sometimes the only opportunity for face-to-face contact or conversation that day.
- Recent data from the [National Survey of OAA Participants](#) illustrates how the Home-Delivered Nutrition Programs are effectively targeting services:
 - *69% of individuals served are 75 years or older*
 - *The average age of a participant is 79 years old*
 - *More than 60% of participants indicate that a home-delivered meal provides one-half or more of their total food for the day*
 - *91% of participants say meals help them to stay in their own home*
 - *More than 50% of all participants live alone*

Funding

A3SSA Budget



NSIP: Nutrition Services Incentive Program

- Provides incentive to encourage efficient delivery of nutritious meals to older individuals.
- Amounts are based off of the number of meals served during the previous federal fiscal year.
- Such disbursements shall only be used by such recipients of grants or contracts to purchase domestically produced foods for their nutrition projects. OAA 311(d)(4)

Transportation Service

Eligibility:

- Age 60 and older

Service:

- Transport to and from congregate meal sites, programs that promote physical and mental well-being, shopping, health services, etc...



Consumers Served

Fiscal Year	Boardings
2016	50,904
2017	58,231
2018	64,499

RFP Information

Requirements:

- Idaho Code 67-2806: When a political subdivision contemplates an expenditure ...in excess of one hundred thousand dollars (\$100,000), the procurement procedures of this subsection shall apply.
 - (a) Competitive sealed bid process submitting the lowest bid price complying with bidding procedures and meeting the specifications for the goods and/or services sought to be procured.
- ICOA Contract: The AAA shall ensure nutrition providers comply with all state and local fire, health, sanitation, safety, building, and zoning laws, ordinances, or codes on an annual basis.

RFP Documents

- RFP Guides for Nutrition and Transportation
- RFP Applications for Nutrition and Transportation
 - *Exhibit A: Provider Nutrition Question Form*
 - *Exhibit B: Sample Nutrition and Transportation Contracts*
 - *Appendix 1: Invoice Template*
 - *Appendix 2: Federal and State Rules and Regulations*
 - *Appendix 3: ICOA Program Manual*

Filling out the RFP Application

- Basic Information and Provider Capability
- Assurances
- Required Activities and Application Narrative
- Partnership, Collaboration and Fund Leveraging
- Program Sustainability
- Budget(s)

Submission Requirement

- Single-sided pages.
- 8 1/2” x 11” white paper
- Sealed
- Secure the proposal in the upper left-hand corner with a clip.
- Submit one original proposal and one copy.
- Physically in the possession of the A3SSA by 4/12/2019 at 5:00 p.m
- Emailed or faxed proposals will not be accepted.
- Proposals should be clearly labeled “PROPOSAL,”
- A3SSA recommends hand delivery rather than mailing.
- Receipt of deposit for hand-delivery will be provided if requested.

RFP Timeline

- 4/3/19- Last Date to Submit Written Objections to Specifications or Bidding Procedures
- 04/5/19- Last Date to Submit Questions and Clarifications
- 04/12/19- Deadline to Submit Proposals
- 06/14/2019- Awards Announced to winning bids
- 06/28/2019- Contract Signing
- TBD Mandatory Provider's Conference

Thank you

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QUESTIONS

